



Lesley McDonald

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Lesley has an enviable background in training, NLP and coaching and has worked in private and public sectors organisations as well as running her own business as a coach and trainer.

Lesley studied and worked as a scientist for a number of years before moving into IT management and then into learning and development.

She is an accomplished NLP Practitioner, Master Practitioner and Trainer as well as an NLP Practitioner, Master Practitioner, Hypnotherapist and NLP Trainer. Lesley has co-hosted NLP training programmes with the world re-known guru and author of NLP at Work, Sue Knight.

Lesley is an experienced executive, business and personal qualified coach with completing her post graduate coach training at London University.

Lesley's expertise is NLP Training & Coaching, Communication & Behavioural Change

Lesley has worked with many diverse organizations across UK and India and had lead and facilitated hundreds of seminars around NLP, behavioural change and soft skills. Lesley is highly qualified and delivers NLP and NLP Master Practitioner programmes with certification.

Clients include NHS, Philips Electronics, Barclaycard as well as many SMEs.

Back in 2005 through to 2007 Lesley became an accredited Health Behavioural Change specialist delivering university accredited, degree level, Health Behaviour Change training to NHS Healthcare Staff on behalf of ASH Scotland and Glasgow Caledonian University.



Prior to specializing in learning and development Lesley has managed senior IT support teams, was a senior systems analyst and a research scientist at Dundee University!

Lesley's academic qualifications and continued professional development qualifications are outstanding! Lesley lives and breathes learning.

Lesley's ability to bring a group of people together in a cohesive way is second to none. She has a transformational approach and is very organic, rich and plays to the key strengths of the people she is working with. Lesley is a highly qualified facilitator and brings a personable and congruent approach.